



WLCSP Newsletter

DECEMBER 2015

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AGM Dates

Return of
John Sharkey

When your Ho! Ho! Ho!... ...turns to Oh! Oh! Oh!



THE latest news for Remedial Masseurs & Manipulative Therapists



Obituary

It is with great sadness that we announce the passing of **Jan de Vries** a Past President of the LCSP Register. Jan was a charismatic character who was well published and became a regular household name through many years of working on Radio 2 with Gloria Hunniford. Jan came from his native Holland to the UK and became a member of the LCSP in 1975 and was an active member giving many presentations at Conferences over the years and served as President between the years of 1997 to 2000. He will always be remembered for his approachability and steadfast

affiliation to the LCSP. Our thoughts are with his family and his many friends at this time.

Olivia Douglas: a long standing member who was well regarded as a professional and compassionate therapist both in her locality and by the wider members of the LCSP family. Olivia came to the LCSP in 1980 and ran an extremely successful purpose built practice in Bradford. I have many personal memories of Olivia through both the Conferences and the golf matches held prior to those of which she was a regular and keen participant.

Both the above were very long standing members of the LCSP Register and will be sadly missed. Spare a moment for reflection and respect to departed merit.

As you will have seen our Past President Jan de Vries sadly passed away recently and this took me to the Presidents Board we have in the office with all the names of the very many worthy and respected Presidents who have served this organisation that we are all proud to be members of. In our now 96 year history there have been no less than 26 Presidents and that board tells me that we sadly now only have 3 still alive. So to evoke and carry on the spirit of Christmas I thought what better way than to get a piece of Presidential wisdom from these people, to this end I would present the 'Three Wise Men' (with apologies to Beryl)

3 Wise men.....

Paul Lambden - President 2011-Present

As we approach Christmas and the end of another year, some of us reflect on the past year and others embrace the thought of a New Year and a new beginning. The LCSP Register does indeed have a long and prestigious history unrivalled in the Complementary Sector and this is to be celebrated and revered, but your future and that of the Register generally is also vitally important.

I have been a GP for far more years than I could ever admit and the changes I have witnessed within medicine have been nothing short of unbelievable. The patients' current expectations have never been higher, their ability to access information has never been easier and this makes the everyday job of a GP so much harder. I have been very proud to be your President since 2012



and have had the opportunity to meet very many of you since that time, I have also a much better understanding of the excellent work that you do in the field of soft tissue and musculo-skeletal work. This 'hands on' work is probably the most effective form of treatment for very many patients and to the shame of the NHS it is a service that is being lost due to financial constraints. I know that you have the ability to fill this void. The patients know that what you provide is an effective treatment (as per the NICE report on back pain) and my wish for you in the New Year is to make the GPs in your area aware of your skills. Contact them directly, make sure that satisfied patients tell them and make your presence felt. As soft tissue specialists this is your time. I am proud to be a part of this fine organisation and know that it has within it many fine therapists. Continue to do what you are expert at and spread the word.

I wish you all a peaceful Christmas and a Happy and Prosperous 2016.

Viv Pugh – President 2008-2011

This is the time of year when families and friends are drawn closest together in thought if not always in person. Past President Stan Duncombe summed it up so well for me when he said we are a 'family'. There are relationships that have commenced as students, developed through membership, working and courses and have formed into long lasting friendships. As ever the saddest part of any family gathering is the chair that is vacant.



I was the President at the 90th Anniversary Conference and it was with great pride and humility that I was there as the figurehead of this organisation following in the steps of so very many worthy people before me. I am proud of the LCSP Register and its individual members, history and heritage is important but it is behind us, we must still focus on the future more especially the Centenary coming in 2019 a significant milestone for any organisation. My very best wishes to you all, my extended family.

Beryl Harper – President 2002-2008

I have been celebrating my 70th birthday for most of this year. Although the actual event was in August, I started the celebrations in April by taking my family to Disneyland in Florida. There were seven of us with ages ranging from 9 to 69 and we became known as the magnificent 7.



I began with the LCSP and The Northern in 1984 and I am still learning 30 plus years later, when I look back it is so satisfying to recall the number of people that I have helped who were suffering with musculoskeletal pain and who had been written off by the medical profession. It has been my experience over the years that soft tissue and hands on treatment is so much more effective than just medication or home based exercises in isolation. Our treatments work and this is what we do well and what the members of the public are wanting more than ever.

When am I going to retire? That doesn't enter my mind, I am so privileged to have a career that I still enjoy so much and that gives me an opportunity to continue to help people. One of the great advantages of our chosen career is that we are in control and nobody is going to force retirement upon us. I still enjoy learning, enjoy treating and helping patients and enjoy my interactions with you all.

I would like to take this opportunity to wish you all a Joyous Christmas and a Happy Healthy and Prosperous New Year.

Good News!

To finish and give some festive cheer there is no better way than to impart some good news. So good people I can tell you that already the Board of the LCSP Register have decided that in March 2016 there will be NO increase in the present subscription rates. We are not insensitive to the continued problems that some members are experiencing across the Country with continued economic and job instability directly affecting some patient traffic to our therapists. As far as the insurance premium is concerned that is still to be negotiated and will not be fixed for some time yet, however the Register itself will stand firm and not increase your charges next year.

Christmas and New Year office closure

Please be aware that the administration office will be closed from the end of play on Wednesday 23rd December and reopen on Monday 4th January 2016. In the event of urgent business or concerns between these times then please contact me directly via e-mail on fozzy@fosterclinic.co.uk which will be monitored over the holidays.

Be safe all, have fun and may all your hopes wishes and dreams be fulfilled.

Annual General Meeting

AGM will be held on Saturday June 25th 2016. It was very apparent from the massive positive feedback we received from the last visit of John Sharkey that not only did you want him to return but you wished for more time for him to expand on his work and even to allow for hands on time also.

Well it has been arranged, despite John Sharkey only arriving back from an extended lecture tour in Australia in June he has agreed to come directly back to the LCSP and present again, only this time to accommodate the requests there will be an full extra day to allow for practical work and demonstrations. If you are interested then you will have to book early as this event will sell out.

Those members who were fortunate enough to hear him in June of this year will be only too aware of how interesting, refreshing and innovative his ideas are backed up with research.

John will be presenting on the Saturday afternoon and then again all day on the Sunday. This will also include some practical activity. So book the dates in your diary now and if you wish to attend I would advise you to book NOW as this opportunity will sell out, there is a strictly limited number of places available and there has already been interest shown by other organisations asking if I can release space to their members.

Fozzy

Medico-legal advice

Two people have said to me recently words to the effect that they don't care what the law says about consent in children under 16; they don't want to treat them without their mother or another relative present.

I completely understand the anxiety. However to be clear the judgement in 1987 in the Gillick case allowed a child under sixteen to consent to treatment subject to certain requirements. This judgement was rolled out across the whole of healthcare. Therefore if you have a (say) 14 or 15-year old who wants treatment, understands the benefits, disadvantages, consequences of no treatment and alternatives available, does not want to discuss with a parent and will benefit from treatment, then that child can consent. The presence of a chaperone (mother) is a separate issue. Yes the child can consent but you as a clinician can ask for the child to be accompanied by his or her mother or another adult if you feel more comfortable. A chaperone is present for one of two reasons; for the reassurance of the patient or the safety of the clinician. Although the child can consent you can say you are not happy to treat without a chaperone (mother) and you can ask the child to return accompanied. I hope that clarifies the issue.



Presents by popular demand the return of Special Guest Speaker John Sharkey MSc

This exciting extended presentation will introduce the delegates to the concept of Biotensegrity and how it applies to human anatomy and motion.

LCSP Register members
booking and paying before
31st Jan will qualify for an
'Early Bird'
discount
price of £125

For non members the cost is £200

Holiday Inn, Bridgefoot, Stratford Upon Avon, CV37 6YR

25th and 26th June 2016



“ I thought John Sharkey was superb, one of the best lectures that I've heard. He was a great speaker who held everybody's attention. ”

“ His profound knowledge of the human body was absolutely fascinating and most enjoyable, and fresh. Some aspects of his lecture are already proving useful to me in the way I work with my patients. I would be more than happy to hear more from John Sharkey as there must a great deal more he could tell us which would be equally fascinating and useful, perhaps he could actually demonstrate some treatment techniques and show his exercise and stretching protocols which is another area of his expertise. ”



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| Date | Venue | Course Info | Cost: | Provided by: |
|---------------------------|--|--|--|--|
| 19th - 22nd February 2015 | Britannia Hotel, Bramhope, Leeds, LS16 9JJ | Hendrickson Method® Certification Programme: Lower Extremities Level 1 | 4 days workshop £470-£520 Early Bird Discount Applies |  |
| 4th - 5th March 2016 | The Poplars, Laxfield Road, Stradbroke, Suffolk, IP21 5HX | Touch for Health 1 - 14 Muscle Balance | 2 days workshop £215.00 |  |
| 11th March 2016 | Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL | Therapeutic Ultrasound (using a multifactorial approach) | 1 day workshop £120.00 |  |
| 12th March 2016 | Britannia Hotel, Bramhope, Leeds, LS16 9JJ | Treatment of TMJ Dysfunction and Pain | 1 day workshop £125-£165 Early Bird Discount Applies |  |
| 23rd - 24th April 2016 | Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL | Common Cycling Injuries: Causes, Treatment and Prevention (including Bikefit) | 2 days workshop £269.00 |  |
| 23rd - 24th April 2016 | Britannia Hotel, Bramhope, Leeds, LS16 9JJ | Hendrickson Method Study Days - Chronic Pain | 2 days workshop £260-£310 Early Bird Discount Applies |  |
| 13th - 14th May 2016 | The Poplars, Laxfield Road, Stradbroke, Suffolk, IP21 5HX | Touch for Health 2 (pre-requisite TFH 1) - The Law of Five Elements (28 muscles) | 2 days workshop £215.00 |  |
| 2nd - 4th September 2016 | Britannia Hotel, Bramhope, Leeds, LS16 9JJ | Deepening into our Hendrickson Method - 3 days | 3 days workshop £525.00 or £185.00 per day |  |

For more information or to book, please contact the course provider on the details below:



Presented by: Rachel Lead – Qualified TFH Instructor with the International Kinesiology College

Bookings and Cheques to "Rachel Lead", Poplars, Laxfield Road, Stradbroke, Suffolk, IP21 5HX

If you need more information on any of our workshops, please contact us by:
Tel: 01379 388031 or 07733 105752
Email: rachelpbck@gmail.com
Web: www.ikc-info.org

Presented by: Nicholas Dinsdale BSc (Hons), MSc Sports Injuries & **Nicola Dinsdale** BSc (Hons), MSc Sports Injury Rehab (ongoing)

Bookings and Cheques to "Nicholas Dinsdale" Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, Lancashire, BB7 1QD

If you need more information on any of our workshops, please contact us by:
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Web: www.njdsportsinjuries.co.uk

Presented by Sue Bennett FLCSP (Phys)

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