



LCSP Newsletter

JUNE 2017

IN THIS ISSUE

- Free Carodoc App
- Cover against Cyber Breach
- The word from the top



THE latest news for Remedial Masseurs & Manipulative Therapists

The word from the top

It is so true when people say that as one gets older time seems to fly past even quicker. I can barely believe that next month will be another AGM for the LCSP Register in beautiful Stratford-upon-Avon, I do hope to see as many of you there as possible. Whilst the actual meeting itself is a business required formality, there is the opportunity to interact with your colleagues, discuss and share ideas, experiences and of course stories. There is also the great opportunity on the Saturday afternoon to listen to and learn from a great speaker on the use and effects of everyday over-the-counter medications, the very medication that you get asked about by your own patients so this will be of great everyday use to you in your work and at an unbelievable price, very much subsidised by the Register for your benefit.

I am writing this for you in a general state of chaos; boxes, piles of books, crates and household detritus in abundance, yes, I have just moved house. It is considered to be the second most traumatic experience one can suffer after bereavement. It seemed to be a good idea at the time, but now I am thinking otherwise, just the amount of general administration involved, changing addresses for countless agencies, banks, utilities the list is endless and there is always a few forgotten ones that come back to haunt you. Then there is the move itself, it seemed straight forward initially, Mr Shifter arrives at point A and takes my goods and chattels to point B, what could go wrong? Maybe I will tell you at the AGM. And then of course, there is the feeling that I should have been more radical with what I threw out before the move! It is all still here in the new house and needs to be sorted.

Forgive me if I go now, still a hundred and ones jobs to do, things to find to aid daily existence and keep body and soul together. See you at the AGM, now where did I put that suit carrier?

Dr. Paul Lambden
President



Annual General Meeting

Will take place at 11am on Saturday 24th June at the Crowne Plaza Hotel, Bridgefoot, Stratford-upon-Avon, CV37 6YR

Friday 23rd June in the afternoon will see the next LCSP Golf Cup being played for at the Ingon Manor Golf Club near to Stratford-upon-Avon, if you feel so disposed as to come and have a swing then let me know and I will be arranging tee times, fines, mobile picnic and drinks.

Fozzy

Disclosure and Barring Service (DBS)



The Register is very pleased to announce that we have joined with a business partner in DDC Ltd and as such now LCSP Members can apply for enhanced disclosure for working in England, Wales or Northern Ireland or similarly join the PVG Scheme if working in Scotland. For further details see within the members section of the website or contact the office.



COPA 2017 - 7th/8th June
Europe's Leading Event For
Rehabilitation Professionals

We would be pleased to see any of our members at this exhibition at the ExCel centre in London



Free Carodoc App

A new free app giving health practitioners, therapists and osteopaths direct access to an online shop selling core products at discounted rates has been launched in the UK.

Caradoc Shop was launched by Shropshire-based buying group Caradoc Medical Services, a not-for-profit organisation, which started off supporting GP practices before expanding to include members from a variety of industries nationwide.

The shop, which is aimed at sole practitioners and small businesses, focuses on key products under three categories - medical supplies and equipment, stationery and office supplies and treatment room and janitorial supplies.

Due to the consortium's collective buying power businesses can access many products in the shop at up to 60 per cent off the recommended retail price.

And it can now be accessed via the Caradoc app, which enables users to buy products with a few taps and remembers previous orders - leaving business owners more time to run their business.

Stephanie Henson, sales director at app developers Six Ticks Limited, said: "The app is very easy to navigate, and is optimised for iPad's and tablets as well as Apple and Android smartphones."

"The shop gives business owners a secure environment where they can quickly order supplies at a time that is suitable for them."

"Users receive instant email notifications and will be able to see their history of transactions."

Elizabeth Martial, marketing manager at Caradoc, said that for practitioners who are self-employed or who own a very small practice, essential supplies and equipment for the treatment room can be very costly.

"As Caradoc is a consortium we are able to use a collective buying power to bring down costs on key items and can now make them easily accessible via the app," she adds.

"The fact that the app also allows members to order whenever they wish and keep track of transaction history means as well as saving them money it will save a lot of time."

The Caradoc buying group is free to join with no membership fees and if members that cannot find what they are looking for in the shop can contact one of over 100 Caradoc suppliers for further assistance.

Suppliers cover a wide range of products and services including stationery, medical consumables, uniforms, telephony solutions, HR and employment support and much more.

The app also gives more information about Caradoc Medical Services and links to their online platforms where the organisation shares news about its suppliers and helpful information for its members.

To download the free app search for 'Caradoc Medical Services' at Apple App Store or Android Google Play Store.



The free CARADOC APP Download it today!

**Especially designed
for our massage
therapist members**

Search through our wide range of competitively priced products

Seamlessly order the products you need on the go!

Order the same stuff regularly? Reorder with a few quick taps

Find out more about Caradoc and the benefits of being a member



How do I download the app?

Simply search for 'Caradoc Medical Services' at Apple App Store or Android Google Play Store
www.caradocmedicalservices.co.uk

Get **FREE** postage & packaging:
Enter code **PROMO1**

Fozzy was on the phone to Asgar Hassanali at our Insurance Broker, James Hallam, on the Monday after the NHS Cyberattack.

- Fozzy: Is cover available for one man band practitioners and small clinics against Cyber Breach?
- Asgar: Yes, and it is fast evolving. As demand increases, more insurers are offering competitive products, the cover is becoming better and the price is reducing.
- Fozzy: What type of protection does the insurance offer?
- Asgar: The key features can include: Cyber liability, System & data rectification, Privacy breach, Notification and mitigations costs, Regulatory investigations & fines, Cyber theft, Extortion costs, Public relations services.
- Fozzy: How much?
- Asgar: Healthcare risks are generally regarded as higher risk than say, a retailer or a utility company. This is mainly because of the sensitive information therapists keep. After the weekend's events, I suspect healthcare might be even higher up the risk ladder so in this sector I would suggest that if anyone offers cover for less than £500.00 you might want to question its value.
- Fozzy: If you had one piece of advice for our members?
- Asgar: Don't be complacent. Invest in the most up to date software – download Microsoft Updates as soon as they are issued. Out of date operating systems are more vulnerable as fewer updates are available so upgrade to newer systems.
- It is also important to be extremely vigilant and exercise caution when it comes to possible phishing emails and malicious adverts on websites.



Annual General Meeting

The 2017 AGM will take place at the Crowne Plaza Hotel, Bridgefoot, Stratford-upon-Avon CV37 6YR on Saturday 24th June and will commence at 11am. There will be refreshments provided and it would be delightful to catch up with old and new friends.

Special Guest Speaker: Dave Baker

Saturday 24th from 1300 at the Crowne Plaza Hotel

A thought provoking presentation on over the counter drugs and the impact on physical treatments. A quality CPD opportunity subsidised by your Professional Association, members only £25! To reserve a place contact the LCSP Admin office.



David will be covering the medico-legal framework relating to advising patients on the use of pain control medication. He will focus upon 'over the counter' analgesics and how these can be used safely to optimise pain relief in musculoskeletal conditions.

We are delighted to welcome David to come and lecture for the Saturday afternoon, his credentials and experience are impressive. Fozzy himself has previously attended one of David's presentations and found it so very useful on a daily basis in clinic.

The LCSP Register remains committed to providing you with relevant, specialised and top quality learning opportunities at a subsidised rate. This is very clearly an example of your Professional Association going the extra mile for you. The special rates we have arranged are a Members ticket can be bought for £25 and as an added bonus if you wish to bring a guest then 2 tickets can be reserved for £40. A quality learning opportunity for less than the price of a treatment! Where else could you get such quality as this for such a small price?

Date	Venue	Course Info	Cost:	Provided by:
23rd June 2017	Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL	Therapeutic Ultrasound (using a multifactorial approach)	One day workshop £99.00	
24th June 2017	Crowne Plaza Hotel, Stratford upon Avon, CV37 6YR	AGM with Guest Speaker, Dave Baker	AGM Free Dave Baker £25	
15th - 16th September 2017	The Poplars, Stradbroke, Suffolk, IP21 5HX	Touch for Health Level 1	Two days workshop £240.00	
30th September - 1st October	Britannia Hotel, Bramhope, Leeds, LS16 9JJ	Hendrickson Method Lower Extremities	Two days workshop £270 -£310	
13th - 14th October 2017	The Poplars, Stradbroke, Suffolk, IP21 5HX	Touch for Health Level 2	Two days workshop £195.00	
21st October 2017	Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL	Common Cycling Injuries: Causes, Treatment and Prevention	One day workshop £135.00	
22nd October 2017	Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL	Bikefit Package - 3 step integrated process	One day workshop £99.00	
3rd November 2017	Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL	Therapeutic Ultrasound (using a multifactorial approach)	One day workshop £99.99	
12th November 2017	Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL	Fascia, foam roller and self myofascial release masterclass	One day workshop £99.99	

For more information or to book, please contact the course provider on the details below:



Presented by: Rachel Lead – Qualified TFH Instructor with the International Kinesiology College

Bookings and Cheques to "Rachel Lead", Poplars, Laxfield Road, Stradbroke, Suffolk, IP21 5HX

If you need more information on any of our workshops, please contact us by:

Tel: 01379 388031 or 07733 105752

Email: rachelpbck@gmail.com

Web: www.ukkinesiology.com

Presented by: Nicholas Dinsdale BSc (Hons), MSc Sports Injuries & Nicola Dinsdale BSc (Hons), MSc Sports Injury Rehab (ongoing)

Bookings and Cheques to "Nicholas Dinsdale" Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, Lancashire, BB7 1QD

If you need more information on any of our workshops, please contact us by:

Tel: 01200 427 457

Email: nick@njdsportsinjuries.co.uk

Web: www.njdsportsinjuries.co.uk

Presented by Sue Bennett FLCSP (Phys)

Bookings and cheques made payable to "Flexible Healing" 45 St David's Road, Otley, West Yorkshire, LS21 2AW. Or alternatively book and pay online

If you need more information on any of our workshops, please contact us by:

Tel: 01943 461 756

Email: info@flexible-healing.co.uk

Web: <http://training.flexible-healing.com>