



LCSP Newsletter

SEPTEMBER 2016

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THE latest news for Remedial Masseurs & Manipulative Therapists

The word from the top

Firstly I must say a big thank you to all the members who attended the AGM in Stratford-upon-Avon in June. Whilst we recognise that an AGM is a business meeting and formal in structure and yours being so well organised by your Secretary Steve Foster aka Fozzy, the meeting itself only took a relatively short period of time. The brevity of the formal meeting therefore gave me more time to meet and talk with so many of you and get to understand your views and feelings on the present situations within your sector of health care.

Talking with you I was again impressed with your professionalism, knowledge and integrity, as health care professionals you are to be admired as you clearly have an excellent understanding of not only anatomy and physiology and treatment techniques but you take the treatment of your patients further with the realisation that you are treating an individual and a whole person, and this more holistic approach and having time to listen makes your treatment protocols far more effective than any medication I can offer in a GP surgery.

After having various conversations with different members I had lunch with Fozzy and we discussed the talks I had just had, Fozzy then came out with a comment that made me think he said "most of the LCSP members do not realise just how good they are at treating MSK conditions", I then considered this and realised that he had a very good point, you really are the soft tissue specialists and if there is a weakness or fault it is simply that I and my colleagues as General Practitioners are not sufficiently aware of you and your skills.

The care and treatment for chronic conditions and general soft tissue injuries within the NHS is at such a low priority that sufferers are seeking prompt and appropriate treatment from external sources. You as an organisation and individuals are ideally placed with the appropriate skill set and professionalism to match the needs which are clearly there.

Whilst I acknowledge that I am not a working private therapist as you are, I am however genuinely proud to be your President and know that you serve your patients with skill, professionalism and integrity.

Dr. Paul Lambden

President



Fozzy's Forum

fozzy@fosterclinic.co.uk

Contact details

Please take a few moments to review the contact details that are held for you on the website. Likewise if you have changed any of your details be it telephone numbers, e-mails addresses or indeed moved house then please let the admin office know so that correct and current details are held. We do receive requests for therapists' details daily in the office from potential clients and we can only give the ones we have and if they are out of date then you could be missing out on potential new clients.



Medical Intermediaries

I know that some of our members are involved with and work for different medical intermediary companies. There has been varying problems with some of these companies over the recent past including going bankrupt owing therapists over the Country hundreds of thousands of pounds. The more recent example was Argent Rehabilitation which went into receivership last November, then proceeded to continue the day after with a slight name change!

Anyway, the reason for this note is to make any members involved of some potential problems that seem to be occurring with 'Injury QED' and 'Treatment Network', both of these companies have figured very prominently on the Private Physio Forums for being very late and bad payers of invoices. So consider this as just a 'heads up' if you happen to be involved with work from these companies.

Be aware

We have received some telephone calls from Members who have been contacted allegedly by their respective local GP surgeries offering advertising spaces on the GP appointment cards. The company calling is again stating that we have supplied your contact detail which is **NEVER** the case and also bear in mind that the callers are not the actual local surgery itself but just an advertising agency producing appointment cards.



AGM/Conference 2016

Yet again John Sharkey presented over Saturday and Sunday and without exception feedback from the attendees was very positive with all delegates feeling the teaching had been incredibly worthwhile and they all appreciated the opportunity to perform 'practical' hands on work with John.

Some of your feedback:



"Thanks for organising an interesting and enjoyable weekend, it was great to see some familiar faces too. The presentation was excellent; it contained aspects of great interest and fascination, performed with an underlying sense of humour. The fact that the weekend was mixed with some manual demonstration and was backed up with practical experience, exceeded my expectations"

Sigrid Hilltout.

"Many thanks for another splendid LCSP seminar with the amazing John Sharkey. I was completely swept away the whole time and as last year, I just learnt so much and had a really fun time too. I really feel sorry for the people who have now wasted two opportunities of spending time and learning from John."

Ginnie Ince.

"I really enjoyed the training following the AGM, it was lovely to hear John Sharkey share similar points of view. It was also apparent how many practitioners present needed and wanted to receive treatment themselves"

Julie Nicholls.

"John Sharkey held my interest every minute of the time; it was very good to do his hands on practical work all together. My enthusiasm for helping my clients has had a huge boost as a result. It was an excellent and worthwhile weekend. Thanks to you Fozzy and your team for organising it so well."

Gill Crosland.

Julie Nicholls also sent details of forthcoming training for therapists to enable them to work and not place themselves under strain or pressure. For more details use the following link: www.lcsp.uk.com/noticeboard/

Thank you all for the positive comments you sent to me, it is gratifying to know that we managed to provide a quality event that was well received.

Clearly this is the level of CPD activity that you have responded to, we will endeavour to continue to provide speakers and subjects that will challenge, educate and inform.

Fozzy

Clinical Tip

In looking at the clinical tip for this edition of the Newsletter, I have looked at previous problems. Fortunately, they are rare for LCSP members. However, what we do encounter is:

1. Inappropriate exposure of sensitive areas (or areas considered inappropriate by the patient)
2. Unexpected or troublesome side effects from treatment
3. Surprises during treatment, felt to be unexplained and for which consent had not been given
4. Occasional unusual problems such as cupping complication.

The thing that links the first three is communication. Indeed, all could be eliminated by sufficient explanation of what will happen, why particular actions are taken and what the possible outcomes will be. Therefore;

1. Ensure explanation of risks, benefits, complications, effects of no treatment, alternative treatments
2. Exactly what areas will be uncovered at any stage in the treatment and ensure consent is definitely given
3. Ensure that any post treatment complications are warned about and what the patient can do if suffering pain or other symptoms.

The best communicators get the least complaints. Speak and write in detail and it will help keep you safe.



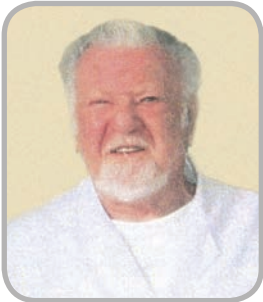
Obituaries

Sad news I am afraid in the passing of some great friends and indeed characters of the LCSP.



Thomas Janes

Very many older members will remember with great affection Tom who regularly came to the UK from Kansas in America to present lectures and seminars. He was a charismatic figure who was instrumental in the Chiropractic world in the USA whilst being a strong advocate of the soft tissue and remedial work that he integrated into his very large and successful treatment centres.



Bill Wareham

This delightful gentleman featured in the December 2013 Newsletter as a news story as he was still treating patients/friends in his retirement home in New Zealand at the age of 90. The home even provided Bill with a separate room as a treatment room for him to continue with his massage treatments for both staff and residents.



John Smith

Sadly passed away after a sudden stroke in June, John was the consummate professional, an excellent therapist serving the Warwickshire area for many years and also being highly regarded for his involvement and work with sports injuries with both local and County rugby teams. A true gentleman who will be sadly missed by family, patients and colleagues alike.



24-25 September 2016
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Date	Venue	Course Info	Cost:	Provided by:
25th - 26th June 2016	19 Chantry Road, Bishop Stortford, Herts, CM23 2SD	Touch for Health 1	Two days workshop £220.00	 Kinesiology Federation
30th September 2016	Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL	Therapeutic Ultrasound (using a multifactorial approach)	One day workshop £120.00	 NJD SPORTS INJURY CLINIC
2nd October 2016	Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL	Fascia, foam roller and massage ball master class	One day workshop £99.00	 NJD SPORTS INJURY CLINIC
8th October 2016	Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL	Common Cycling Injuries: Causes, Treatment and Prevention	One day workshop £125.00	 NJD SPORTS INJURY CLINIC
9th October 2016	Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL	Bikefit Package - 3 step integrated process	One day workshop £120.00	 NJD SPORTS INJURY CLINIC
26th -27th November 2016	21 Grover Walk, Corringham, Essex. SS177LP	Touch for Health 1	Two days workshop £220.00	 Kinesiology Federation
3rd - 4th March 2017	The Poplars, Laxfield Road, Stradbroke, Suffolk, IP21 5HX	Touch for Health 1	Two days workshop £240.00	 Kinesiology Federation
18th - 19th March 2017	Britannia Hotel, Bramhope, Leeds, LS16 9JJ	The Pain Picture - A Practical Exploration of Pain	Two days workshop £280 -£295	 flexible healing TRAINING FOR BODYWORK PROFESSIONALS

For more information or to book, please contact the course provider on the details below:



Presented by: Rachel Lead – Qualified TFH Instructor with the International Kinesiology College

Bookings and Cheques to "Rachel Lead", Poplars, Laxfield Road, Stradbroke, Suffolk, IP21 5HX

If you need more information on any of our workshops, please contact us by:
Tel: 01379 388031 or 07733 105752
Email: rachelpbck@gmail.com
Web: www.ukkinesiology.com



Presented by: Nicholas Dinsdale BSc (Hons), MSc Sports Injuries & **Nicola Dinsdale** BSc (Hons), MSc Sports Injury Rehab (ongoing)

Bookings and Cheques to "Nicholas Dinsdale" Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, Lancashire, BB7 1QD

If you need more information on any of our workshops, please contact us by:
Tel: 01200 427 457
Email: nick@njdsportsinjuries.co.uk
Web: www.njdsportsinjuries.co.uk



Presented by Sue Bennett FCLSP (Phys)

Bookings and cheques made payable to "Flexible Healing" 45 St David's Road, Otley, West Yorkshire, LS21 2AW. Or alternatively book and pay online

If you need more information on any of our workshops, please contact us by:
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Web: <http://training.flexible-healing.com>