



WLCSP Newsletter

DECEMBER 2016

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"MAY I SPEAK TO THE INSURANCE BROKER?"

THE latest news for Remedial Masseurs & Manipulative Therapists

The word from the top

Another year has almost finished and each of us always ask that same question 'Where has the time gone?' It has been in many ways an amazing year, I remember the weekend of the AGM at Stratford-Upon-Avon which was just one day after the Brexit vote, naturally it was a major topic of conversation with each of us speculating on the possible effects on our Country, our businesses and indeed ourselves. Since then we have had another tsunami within the electoral processes with the American Presidential result, yet again we are considering the implications to us and ours.

Throughout all of the above uncertainty there is a constant, and that is the continued quality of the service that is provided by the therapists within the LCSP Register. This service has now been provided for an amazing (almost) 98 years. So few organisations can claim such longevity and I know that your Secretary is already collating ideas for the Centenary year in 2019.

And what of your treatments and service? Evidence suggests that you are more needed and valued than ever before, more people are consulting you, more treatments are being given and very importantly more recognition from official health related sources is being received for your sphere of work and expertise. Well done to all of you, for it is you that have continued to stay true to your treatment principles and not deviated from your hands on treatment protocols that has brought about this sea change of opinion. You should all consider the new NICE report and guidelines on Low Back Pain and Sciatica a significant feather in your respective caps!

This also means that I have even more pride in being your President at this time and I look forward to the continuing success of the LCSP and the prospering of its individual members. It only remains for me to wish every member the very best for Christmas and may you and yours have a happy, healthy and successful 2017.

Dr. Paul Lambden

President



Insurance Broker change

An advance notice to inform you all that the LCSP Register has changed its Insurance Broker for next year. For several years now our account has been handled by Locktons and the person who many of you will have met was Asgar Hassanali who specifically dealt most professionally with our account and individual members. Asgar was always available to talk personally with members over any insurance related concerns and over the years has become a firm friend to the LCSP and also been an invaluable member of our overall team. This year has seen Asgar move to pastures new, still in the field of medical malpractice insurance and still based in the City of London, the new Company is James Hallam Ltd and to maintain our continuity of service with Asgar we have decided to move our account to this new Company. In terms of any changes for members there will be nothing noticeable other than the name on the insurance certificate, the Master Policy will still be with Royal Sun Alliance and the terms, conditions etc will be the same.

Annual General Meeting

The AGM for 2017 will be held on Saturday 24th June and the venue will be The Crowne Plaza, Stratford-Upon-Avon (formerly The Holiday Inn).

Scam Watch



We have seen some of the usual suspects re-appearing, supposedly NHS Directories to go to Doctors, on-line versions of the same. Be re-advised that the LCSP does not give out your contact details to other companies who then want to sell you space on GP appointment cards or video display screens in the surgeries.

For any members who are still involved with the medical intermediaries there has already been some strong warnings about CAM Med having problems making payments for treatments. Similarly 3d and Premex are not covering themselves in glory after taking over the Argent cases after they went into liquidation. Injury QED and Treatment Network continue to stall and fail to make payments with now several therapists having to resort to legal actions to recover outstanding amounts. Be warned and be careful out there!!!

Christmas and New Year office closure

The LCSP Register administration office will close at 1300 on Friday 23rd December and will reopen on Tuesday 3rd January 2017. In the event of an urgent enquiry between these dates I will do my best to be available via e-mail at fozzy@fosterclinic.co.uk

Ho, Ho, Ho! from me

Just a quick personal thanks to you all for making my life relatively easy in the office. I know that the previous Secretary was an almost impossible act to follow but I am trying. I do still endeavour to reply to any questions or calls within 24 hours and I trust that the service you receive from the office meets your needs. My role as Secretary is made so much easier by the constant help and endeavour of the President, Board Members and office team, so my sincere appreciation to them and you all. It is still a pleasure and privilege to be involved with the LCSP Register and I wish each and every one of you a fabulous festive season and a healthy and prosperous New Year.

Fozzy

Clinical Tip

Over the last four years I have suggested clinical tips across a wide range of clinical activities. LCSP members are very safe and very few complaints or claims come our way. This is because you are safe practitioners, because you listen to your patients, because you discuss in detail the treatment that you intend to provide and because, if anything at all causes you concern, you stop. If other classes of healthcare professional followed the same principles, the complaint and claim rate would drop like a brick! Looking across the manipulative therapies, a recurring theme is the presentation of an unusual symptom or combination of symptoms with which the therapist is not familiar. It is tempting to say that it is a variant of a symptom with which you are familiar or just to treat it 'on spec' to see if it improves. Sometimes it does, and that is great. But sometimes the odd symptom catches people out. The peculiar lower right rib pain that was an acute cholecystitis or the vague numbness in the thighs which turned out to be a cauda equina; easy to miss but can be devastating for patient and clinician alike. OK it is relatively rare but, across the professions, I have seen a missed cholecystitis, a missed mesenteric thrombosis and two missed cauda equinas in this last year. All four patients ended in emergency surgery after physical therapy. I would not seek to tell you how to undertake your clinical practice but, if the pain doesn't fit the possible diagnoses, think again, seek a second opinion and don't guess.



Membership Subscriptions 2017

As you are probably aware there has been no increase in subscription rates for several years now with the increasing general operating costs of the office etc being absorbed by the Register itself rather than being passed on to members. Your Board Members recently met and further discussed this situation for 2017. We are not insensitive to the ever present financial constraints that effect individual members and as such we have initiated further cost restructuring within the organisation to help offset these increasing operating costs. The Board are cautiously optimistic that this restructuring will have the desired effect and as a consequence we are delighted to announce that all members of the LCSP Register will next year, yet again, have NO INCREASE in subscription rates.

NICE Guidelines for Low Back Pain

The final finished paper was published and released to the public on 30th November 2016. We placed the details for you to see this immediately on the website on that day. In short this is a fantastic opportunity for individual therapists to capitalise on this official Government publication for the treatment of low back pain and sciatica. Although a long document (have you ever seen anything less from the Gov) the main thing to take from it is that soft tissue treatment is considered to be the treatment of choice for these problems. Individual therapists have a massive opportunity now to utilise this in terms of making people aware of the proven effectiveness of your treatments. Use this information, make it available to your GP's, Practice Managers, local Press etc, this official published document validates your work – use it to your advantage.

The specific document can be accessed by using this link:

www.nice.org.uk/guidance/ng59



The 2016 review was completed successfully with each selected member supplying the relevant details of their respective CPD activity. I thank all the selected members for their prompt replies. The Education Sub Committee have appraised all the portfolios and their respective comments and recommendations have been forwarded. I personally wish to add that one portfolio provided was of an exceptional standard, naturally confidentiality prevents me from saying who provide this or indeed showing the portfolio. Suffice to say this member has totally and completely embraced the whole CPD concept with excellent recording covering reading, research, inter-professional contacts, courses and specific reflective cases. He (damn!!!! That has narrowed it down by 50%) provided a comprehensive and rounded portfolio which can only reflect the professional approach to his work. He thoroughly deserves all his success, congratulations to him and keep it up.....K !



Goodbye Napoleon Solo

We are absolutely delighted to represent the LCSP and its membership for the purpose of arranging the insurance and risk management programme. James Hallam has a niche team that looks after its Healthcare clients, trading as ProMed.

Fozzy has asked that we submit regular articles that may be of interest to you, and we are planning to do that for future editions of the LCSP Newsletter.

In the meantime, as 2016 draws to a close it has been quite an incredible period with Brexit and the US Election dominating the headlines. We said goodbye to Messrs Bowie, Cohen, Corbett, Prince, Ali, Napoleon Solo and many more. A lot of good things too, with ground breaking developments in cancer treatments and healthcare generally. England and GB has excelled in sporting achievements - Olympics, Tennis, Rugby and Football.

In Healthcare it has also been about funding, shortages, cutbacks and change in delivery of primary care services; in fact, lots of changes. Compliance has been in the forefront - the hot topic throughout has been "consent".

You might like to look at an article that appeared in The Times last month: www.thetimes.co.uk/edition/news/doctors-must-warn-patients-of-all-the-dangers-before-every-treatment-3x6070z37

Penned by the Health Editor, Chris Smyth, he argued;

Consent to treatment will be valid only if doctors take the time to get to know patients' values, their job and even their hobbies and then tailor information on risks and benefits to each person, according to the Royal College of Surgeons.

A "watershed" ruling in the Supreme Court last year means that doctors must ensure patients are aware of risks that each individual might want to know about rather than those considered important by other doctors.

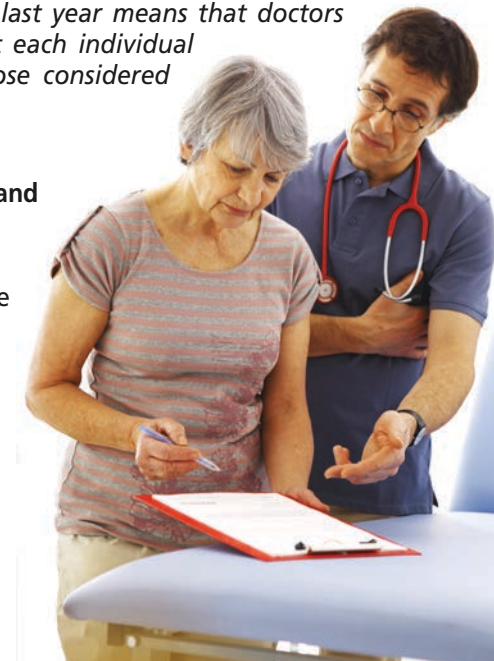
The Times 27 Oct 2016







'Why is this important to Remedial Masseurs and Manipulative Therapists', I hear you say?

Well, there is probably more goal congruence within healthcare regulators than we have seen at Leicester City all season. So, the one thing we can be sure of is that whatever is required from the GMC registered fraternity will also set the standard for other professionals within healthcare.

Have a wonderful Christmas and here's to a compliant and successful New Year.

*Asgar Hassanali
James Hallam ProMed*



Date	Venue	Course Info	Cost:	Provided by:
5th February 2017	Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL	Therapeutic Ultrasound	One day workshop £99.00	
3rd - 4th March 2017	The Poplars, Laxfield Road, Stradbroke, Suffolk, IP21 5HX	Touch for Health 1	Two days workshop £240.00	
5th March 2017	Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL	Fascia, foam roller and self myofascial release masterclass	One day workshop £99.00	
18th - 19th March 2017	Britannia Hotel, Bramhope, Leeds, LS16 9JJ	The Pain Picture - A Practical Exploration of Pain	Two days workshop £280 -£295	
18th March 2017	Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL	Bikefit Package - 3 step integrated process	One day workshop £135.00	
19th March 2017	Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL	Common Cycling Injuries: Causes, Treatment and Prevention	One day workshop £135.00	

For more information or to book, please contact the course provider on the details below:



Presented by: Rachel Lead – Qualified TFH Instructor with the International Kinesiology College

Bookings and Cheques to "Rachel Lead", Poplars, Laxfield Road, Stradbroke, Suffolk, IP21 5HX

If you need more information on any of our workshops, please contact us by:

Tel: **01379 388031** or **07733 105752**

Email: rachelpbck@gmail.com

Web: www.ukkinesiology.com



Presented by: Nicholas Dinsdale BSc (Hons), MSc Sports Injuries & **Nicola Dinsdale** BSc (Hons), MSc Sports Injury Rehab (ongoing)

Bookings and Cheques to "Nicholas Dinsdale" Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, Lancashire, BB7 1QD

If you need more information on any of our workshops, please contact us by:

Tel: **01200 427 457**

Email: nick@njdsportsinjuries.co.uk

Web: www.njdsportsinjuries.co.uk



Presented by Sue Bennett FLCSP (Phys)

Bookings and cheques made payable to "Flexible Healing" 45 St David's Road, Otley, West Yorkshire, LS21 2AW. Or alternatively book and pay online

If you need more information on any of our workshops, please contact us by:

Tel: **01943 461 756**

Email: info@flexible-healing.co.uk

Web: <http://training.flexible-healing.com>