

# WLCSP Newsletter

DECEMBER 2017

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## The word from the top . . . .

I can scarcely believe that another year has passed. It is very concerning that it really does seem to go faster as we get older ourselves. The world too certainly seems to go faster with new technological advances every day! And have you noticed how much more frightening the world is – hostility everywhere, violence and threats. Fear and danger abound and how on earth did we end up with Trump and Kim Jung Un? Yet, despite it all, it is good to be alive and there is always something to make us laugh!



It has been a busy year for me. My partner and I moved house to rural Lancashire. It was chaos at the time! The house had been empty for four years and it is amazing what doesn't work after that time! However, that house move, which at the time was so stressful, is now (almost) a memory. For your Senior Vice President Melvyn Eyres it has been a time of great joy as he married the lovely Karen in October. I know I speak for the whole Board when I wish them every good fortune and I add my own personal best wishes to them both. My predecessor as President Mr Viv Pugh was touched with great sadness when his daughter, the delightful Jo Pugh, who ran his former practice in Newport, South Wales, relocated with his three grandchildren to Australia because her husband was offered an excellent career move opportunity, so the family are no longer 'up the road' but rather on the other side of the world. We all have events in our lives that impact on us in one way or another and our coping mechanisms are tested in equal measure. Without doubt the toughest test that any of us can face is that of bereavement and my sincere wishes are with the, unfortunately too many, members of the Register whose families are facing this at this Christmas time, nobody wishes for that 'empty chair' at a family gathering.

I set aside my ante-penultimate paragraph to offer my sincere thanks to Fozzy. For another year he has worked tirelessly for the LCSP, writing, attending meetings, working in the LCSP office ably assisted by Christine and advising members any time about a host of different topics. Fozzy, thank you for everything.

So as 2017 almost draws to a close with all its rich panoply of memories, we must look forward to the coming of a New Year, with its challenges, rewards, setbacks (but not too many!) with optimism, faith and positivity. I wish each and every one of you all that you desire, good fortune, wisdom and most importantly good health to enjoy life and its rewards.

I look forward to seeing as many of you as possible in 2018.

May I, on behalf of the whole Board, offer our very best wishes for a Merry Christmas and a specially Happy New Year from Paul, Fozzy, Mel, Beryl, Pauline, Doug, Les and Christine.



# Fozzy's Forum

fozzy@fosterclinic.co.uk

## 2018 Subscriptions

Although these are not due until the 1st March next year, you will see that there will be a £10 increase in the membership subscriptions this time. It is an unavoidable increase and I am sure that you will appreciate that we have held the subscription rates at the same level for the past 4 years. This increase will only apply to the Full, Associate and Affiliated members, so working members of the Register only. We are still the leading Professional Association in terms of infrastructure to support you as therapists and feel sure that you will consider a rise of less than £1 per month is acceptable for the service and back up that is available for you.

## 2018 AGM

This will take place on Saturday 30th June 2018 at the Hilton Birmingham Metropole, N.E.C. B40 1PP. The AGM will be at 1100. There will be an afternoon CPD event also.



## 2019 - 100 Years!!!

Advance notice that this will be the 100 year anniversary for the LCSP and we fully intend to make it special for you the present members, so stay with us, keep a look out for notices and information as it becomes available.



## Office Christmas Closure

The office of the LCSP Register will close at end of play on 22nd December and re-open on Monday January 2nd 2018.

Any urgent business between these dates can be sent to the fozzy e-mail and I will try to accommodate and/or reply.



## Beware of Christmas parties...

...a practitioner was asked about a neck problem at a 'Christmas do', he being probably already full of Christmas spirit and clearly not thinking said 'come here' and duly manipulated a ladies neck in the pub, you can guess the rest!

**Finally:** Have just a super, happy, convivial Christmas and I wish you all a happy and healthy 2018.

Thank you all for your continued support, gluteus maximus up!

Fozzy



# Happy Christmas and a successful New Year from the team



**Christine Frosdick** - your first and most important first line of contact with the LCSP Register, Chris is happy and more than competent to deal with your day to day questions and queries and keeps the office on an even keel, she can be contacted on (01502) 563344 or e-mail [admin@lcsp.uk.com](mailto:admin@lcsp.uk.com)

**2018 Wish List** : That members let us know when they change address or any other contact details.



**Jeff Gray** – our IT expert who is happy to assist with any technical queries, web based questions and support. Jeff is responsible for the complete LCSP Website and all its members' facilities which can make such a difference to an individual business profile these days. Contact Jeff on 0795 195 4889 or e-mail [jeff@noworriesmarketing.co.uk](mailto:jeff@noworriesmarketing.co.uk)

**2018 Wish List** : Members take advantage of the free enhanced profiles available on the website and use the web facilities to best advantage.



**Asgar Hassanali** – There is probably no other person who knows the medical and complementary medical insurance sector better than Asgar, more importantly he is available to you all for any questions relating to this area. He is simply a massive resource for us and to us. Contact Asgar on 0778 532 3266 or e-mail [asgar.hassanali@jameshallam.co.uk](mailto:asgar.hassanali@jameshallam.co.uk)

**2018 Wish List** : it is far better to have a five minute telephone call to clarify a question or issue than hope it will be fine, ignore same and end up with solicitors' letters, stress and costs to match.



**Pauline Kelly** – an unsung heroine of the Register, who goes about her role quietly, compassionately and conscientiously. 95% of members would have no need or even be aware of Pauline's role as welfare officer. But for the few who have been in need for whatever reason or situation of calamity or distress she has given a lifeline to each member and supported them in whatever way required to assist in their respective situations. Pauline is available at [pkelly@gmail.com](mailto:pkelly@gmail.com)

**2018 Wish List** : A problem shared is a problem halved.



**Steve Foster** - Can you really believe that you have put up with him since 2005 as your Secretary!!!! There have been very many challenges within our working sector over the years and the likelihood is there will be many more. We have and will continue to rise to these challenges and Fozzy is still very proud of the LCSP Register and its members. You can always track down Fozzy via the office or on his direct e-mail [fozzy@fosterclinic.co.uk](mailto:fozzy@fosterclinic.co.uk)

**2018 Wish List** : That we continue to come together as a united force, we are stronger together and lets have one big 'family' party in 2019!

## What would have happened if it had been the three Wise Women instead of three Wise Men?

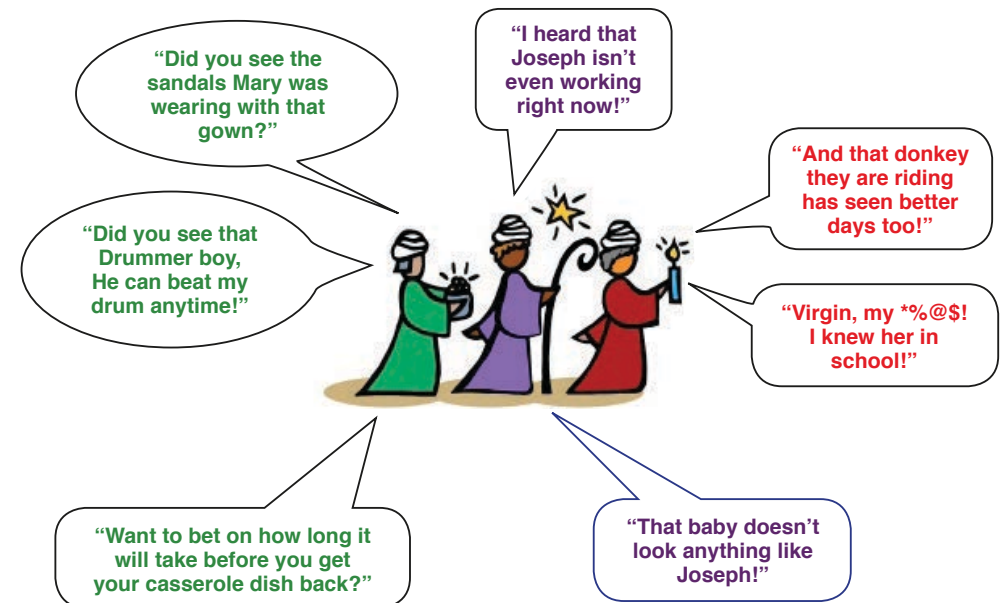
- 📍 They would have asked directions...
- 🕒 arrived on time...
- 📦 helped deliver the baby...
- 🏠 cleaned the stable...
- 💰 brought practical gifts...
- 🍲 and made a casserole



- But what would they have said as they left...?



## As they left, they would have said...



## LCSP MEDICO-LEGAL NOTE

by Dr Paul Lambden

I make no apology for returning to the subject of records. I work as a medico-legal adviser and speak with health professionals from a range of areas of clinical work. In the event of a claim or complaint, there is usually a discussion about why key information is not present in the notes.

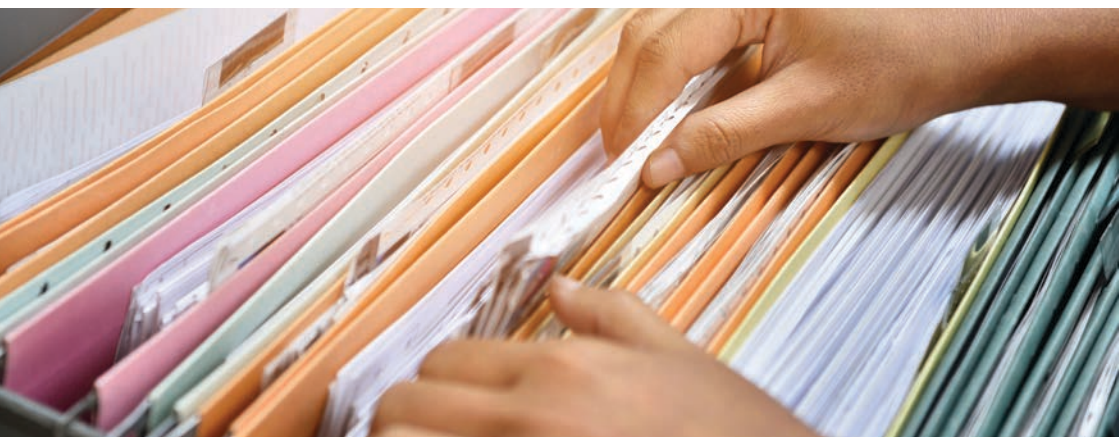
I can almost hear the protests about not writing everything, time available, etc. However, in the event of a problem those notes are your only defence. Complaints may sometimes come months or even years after treatment. You could not possibly remember everything that happened.

Ensure that your notes include a medical history, description of the presenting symptoms, description of the findings, key elements of discussion, agreed treatment plan and treatment given. Record the consent, which should be reaffirmed at each appointment.

If you are unsure about the content of your records, ask yourself the following questions:

- Do they tell you everything you want to know about the consultation events?
- Will they still be useful to know what happened when you see the patient next time?
- If someone else saw the notes, would they understand the events which occurred at the appointment and have all the necessary information about the patient?
- If your professional reputation depended on the notes, would you be satisfied with them?

If the answers to all four are 'yes' then your risk of a successful complaint or litigation is diminished.



## Insurance and Risk

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"It should heal by itself in a few weeks. Just for fun, would you like to make a wish?"

With Christmas only around the corner renewal preparations for LCSP members insurances are fast approaching (starting immediately after the turkey leftovers run out). As always, we will work closely with Fozzy and his team to keep the costs fair and reasonable for you.








Just a quick reminder that the renewal invitation will reach you around the end of January. It would help us if you could process the paperwork and arrange payment as quickly as possible please. Late responses are becoming difficult to accommodate as Insurers no longer offer any days of grace and cover automatically cancels.

We hope to deliver some interesting snippets relating to risk and insurance issues in future editions of the newsletter but at this time of the year the subject is a little heavy!

Therefore, we would just like to wish you a very Happy Christmas and a wonderful New Year.

Asgar Hassanali is a Client Director at James Hallam ProMed specialising in Medical Malpractice and Medical Liability Insurance. Contact Asgar at: [Asgar.Hassanali@jameshallam.co.uk](mailto:Asgar.Hassanali@jameshallam.co.uk)

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Date	Venue	Course Info	Cost:	Provided by:
11th March 2018	Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL	Therapeutic Ultrasound (using a multifactorial approach)	One day workshop £99.99	
18th March 2018	Britannia Hotel, Bramhope, Leeds, LS16 9JJ	Study Day: Investigating assessments and treatments of long term headaches, neck pain and TMJ	One day workshop £130 -£145	
23rd - 24th March 2018	The Poplars, Stradbroke, Suffolk, IP21 5HX	Touch for Health Level 1: 14 Muscle Balance	Two day workshop £240	
28th April 2018	Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL	Common Cycling Injuries: Causes, Treatment and Prevention	One day workshop £135.00	
29th April 2018	Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL	Bikefit Package - 3 step integrated process	One day workshop £135.00	
18th - 19th May 2018	The Poplars, Stradbroke, Suffolk, IP21 5HX	Touch for Health Level 2: The Law of Five Elements	Two day workshop £240	
24th June 2018	Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL	Therapeutic Ultrasound (using a multifactorial approach)	One day workshop £99.99	
8th - 10th September	Britannia Hotel, Bramhope, Leeds, LS16 9JJ	Developing our Hendrickson Method	Three days workshop £580 -£610	

For more information or to book, please contact the course provider on the details below:



**Presented by: Rachel Lead** – Qualified TFH Instructor with the International Kinesiology College

**Bookings and Cheques to** “Rachel Lead”, Poplars, Laxfield Road, Stradbroke, Suffolk, IP21 5HX

If you need more information on any of our workshops, please contact us by:

Tel: **01379 388031** or **07733 105752**

Email: [rachelpbck@gmail.com](mailto:rachelpbck@gmail.com)

Web: [www.ukkinesiology.com](http://www.ukkinesiology.com)

**Presented by: Nicholas Dinsdale** BSc (Hons), MSc Sports Injuries & **Nicola Dinsdale** BSc (Hons), MSc Sports Injury Rehab (ongoing)

**Bookings and Cheques to** “Nicholas Dinsdale” Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, Lancashire, BB7 1QD

If you need more information on any of our workshops, please contact us by:

Tel: **01200 427 457**

Email: [nick@njdsportsinjuries.co.uk](mailto:nick@njdsportsinjuries.co.uk)

Web: [www.njdsportsinjuries.co.uk](http://www.njdsportsinjuries.co.uk)

**Presented by Sue Bennett** FLCSP (Phys)

**Bookings and cheques made payable to** “Flexible Healing” 45 St David’s Road, Otley, West Yorkshire, LS21 2AW. Or alternatively book and pay online

If you need more information on any of our workshops, please contact us by:

Tel: **01943 461 756**

Email: [info@flexible-healing.co.uk](mailto:info@flexible-healing.co.uk)

Web: <http://training.flexible-healing.com>