



WCSP Newsletter

SEPTEMBER 2018

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THE latest news for Remedial Masseurs & Manipulative Therapists

The word from the top

GENERAL DATA PROTECTION REGULATION

As requested by the attending members at the Conference



(GDPR) – twenty facts.

1. In May 2018, the new Privacy Law (GDPR) was introduced
2. It gives more rights to individuals and more control over how personal data is used
3. It makes Data Controllers more accountable
4. You are a Data Controller
5. People's rights are expanded in areas of Subject Access and are:
 - a. Right of access
 - b. Right of Rectification (correction)
 - c. Right of erasure (right to be forgotten)
 - d. Right to restriction of processing
 - e. Right to object
 - f. Right to withdraw consent
6. There is no longer a fee chargeable for providing people copies of their records
7. This is also true for requests from solicitors
8. A clinician must be able to explain what information is held, what is done with it and who it may be shared with
9. It should be protected by:
 - a. Collection only for a specific purpose
 - b. Keeping it safe, secure and protected, locked (paper) or password protected (electronic)
 - c. Ensuring relevance and that it is up-to-date
 - d. Hold only what you need for as long as you need it
 - e. Allow the subject access to it all on request
10. You handle and store personal information and 'special category' data such as medical records, clinical opinions and treatment plans
11. Sensitive data includes race, ethnic origin, sexual orientation or political beliefs
12. A Fair Processing Notice explains to employees and customers what data is collected, how it is used, who it may be shared with, individuals' rights and how long it is kept

13. You remain compliant by following the previous facts
14. All information acquired from patients is confidential. It must be maintained, even when a patient dies
15. It is safer to provide hard copy records to the patient directly than to send them by e-mail
16. Releasing information requires written (signed) consent from the patient
17. Make a note of everything that is provided
18. If there is a 'data personal incident', report it and fast. Such incidents might be sending information to the wrong address, telling info to someone about a third party, etc.
19. Records should be kept for eleven years after last contact. Electronic records can be kept indefinitely (more on this next time)
20. More information is available online from the Information Commissioners Office

Dr. Paul Lambden
President





Centenary Conference 15th/16th June 2019



I have been very encouraged by the response many members sent to me regarding their intention to attend next June. I was particularly pleased and encouraged to receive positive intentions from some dear old friends who used to attend year on year at Blackpool in those heydays of the '80s. We will make this a special event and one to remember for all the right reasons. As and when more details become available they will be posted on the members section of the website.

I am already in the advanced planning stages and it is hoped that there will be trade stands and exhibitors with assorted wares for you to peruse.

I can confirm already two speakers who will be giving proactive lecture tutorials during the course of the weekend which will be both interesting and informative. Firstly there will be Mr Richard Hughes who will demonstrate and teach you on the usage of 'K Tape' and Taping Techniques, which as we all know is very much in evidence in all professional sports now, but is equally as useful in general MSK conditions that we all face on a daily basis.

Secondly I have secured a presentation from Mrs Jan Pickering who is a Medical and Clinical Pilates instructor. I have personally used a Pilates Instructor within my clinics and have frankly been amazed at the long term improvement in the attending patients. I am sure that you are all very clever clinicians who can identify and rectify the presenting patients problem but to be able to give the longer term stability which will in turn keep the patient better for longer takes our overall holistic approach to a much higher level.

DBS Clearance - We are still getting requests for this service and I apologise for the fact that the link supplied by DCC, the facilitators, was broken but DDC have now repaired this and it is fully operational again. So any member who wishes to have a DBS Clearance either for a specific job or contract requirement or indeed just to demonstrate 'best practice' can apply directly through the Registers website.

Lastly, I would like to thank the attending members who came to Birmingham for the last AGM in June. I was aware that there was a very positive and convivial atmosphere amongst us all, the presentations were very well received and a personal thank you to the members who contacted me with their positive thoughts and thanks.

Fozzy



SISTER DELPHINE BERSCHIMINSKY FLCSP(Phys)

It was with great sadness I learn that Sister Delphine had passed away.



She was one of our most prestigious Canadian members who I had the privilege of meeting for the first time in 1994 when I attended the Conference for the Canadian Branch which was held in Regina, Saskatchewan. She was a great advocate for massage at all levels, and her dedication to her clients and support to the convent show what a

caring and wonderful person she was. I met her some time later when I went out to Regina to teach a Back to Basics course. She was always keen to learn and improve her skills, she also had a good sense of humour and we had lots of laughs. She was a joy to be around.

Sister Delphine graduated from the Northern College of Remedial Massage Advanced course in 1985 in 1988 she completed the Manual Manipulation course. She was always giving of herself and her time. She practised massage at the convent in Humboldt to help pay expenses for the nuns, nothing from her earnings went into her own pocket. She also was involved in the catering arrangements, she always said they were older and needed caring for. In 1991 she was awarded a Fellowship from the LCSP Canadian Branch, this was recommended by her peers and awarded by the LCSP (UK). She was also awarded the status of Honorary Membership from the Saskatchewan Massage Therapists Association.

She retired from the profession in 2012 to focus her attention on the order.

She will be greatly missed by all who knew her.

Beryl Harper.



Business Insurance – Clinic Contents, Buildings et al

We are regularly asked to offer a suitable policy for LCSP Register members which enables good quality, competitive and appropriate insurance for businesses.

The challenge is sometimes complex because some of you work from home and/or adapted garden buildings and the like, some are renting on an ad hoc basis and some own the building and a much wider (multi therapy/multi therapists) operation.

“...good quality, competitive and appropriate insurance for healthcare business premises”

Your business and needs are quite specific and often tailoring to the readily available commoditised policies is necessary.

At James Hallam ProMed, we have been working closely with various professions and we understand the nuances and flexibility required.

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The key areas where we can help:

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- Business Interruption
- Commercial Legal Expenses
- Employers and Public Liability
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- Exhibition and Event Displays
- Stock
- Terrorism cover

We have some very happy customers that are delighted with the results of the solutions we have put in place. We hope we can help you in getting your insurance needs onto a correct footing. Our dedicated point of contact is:





Roddy McEwen

Tel No: 01387 272608

Email: Roddy.McEwen@jameshallam.co.uk



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Date	Venue	Course Info	Cost:	Provided by:
8th - 10th September	Britannia Hotel, Bramhope, Leeds, LS16 9JJ	Developing our Hendrickson Method	Three days workshop £580 -£610	
6th October 2018	Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL	Common Cycling Injuries: Causes, Treatment and Prevention	One day workshop £135.00	
7th October 2018	Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, BB7 1PL	Bikefit Package - 3 step integrated process	One day workshop £135.00	
13th - 14th October 2018	Britannia Hotel, Bramhope, Leeds, LS16 9JJ	Hendrickson Method Practitioner Programme	Nine weekend sessions £2700	

For more information or to book, please contact the course provider on the details below:



Presented by: Rachel Lead – Qualified TFH Instructor with the International Kinesiology College

Bookings and Cheques to “Rachel Lead”, Poplars, Laxfield Road, Stradbroke, Suffolk, IP21 5HX

If you need more information on any of our workshops, please contact us by:

Tel: **01379 388031** or **07733 105752**

Email: rachelpbck@gmail.com

Web: www.ukkinesiology.com



Presented by: Nicholas Dinsdale BSc (Hons), MSc Sports Injuries & **Nicola Dinsdale** BSc (Hons), MSc Sports Injury Rehab (ongoing)

Bookings and Cheques to “Nicholas Dinsdale” Unit 3, Hawthorne Business Park, Lincoln Way, Clitheroe, Lancashire, BB7 1QD

If you need more information on any of our workshops, please contact us by:

Tel: **01200 427 457**

Email: nick@njdsportsinjuries.co.uk

Web: www.njdsportsinjuries.co.uk



Presented by Sue Bennett FLCSP (Phys)

Bookings and cheques made payable to “Flexible Healing” 45 St David’s Road, Otley, West Yorkshire, LS21 2AW. Or alternatively book and pay online

If you need more information on any of our workshops, please contact us by:

Tel: **01943 461 756**

Email: info@flexible-healing.co.uk

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